NOTTINGHAM
ECOHOME
AND
PERMACULTURE
GARDEN

PENNEY POYZER



### DECC RETROFIT PIONEER AWARD 2012





A WHOLE PLOT APPROACH TO ECO RETROFITTING SUBURBIA

## A 14 YEAR EXPERIMENT IN URBAN AUTONOMY

- MOW MUCH ENERGY COULD WE SAVE/GENERATE?
- BY HOW MUCH COULD WE REDUCE OUR USE OF WATER?
- MOW MUCH FOOD COULD WE PRODUCE?







## INSULATE EVERYTHING!

- REROOF REUSING MOST OF OLD SLATES
- INSTALL BREATHABLE UNDERLAY
  TO PROTECT INSULATION
- EXTEND VERGE OVERHANG FOR FUTURE EXTERNAL INSULATION













### BEFORE

- POLYSTYRENE CEILING
  TILES
- PLASTER AND LATH

### DURING

- SOOMM PLYWOOD WEBS FASTENED TO EXISTING RAFTERS
- BREATHER BOARDS

#### THEN

- POLYTHENE AIRTIGHTNESS MEMBRANE
- © CELLULOSE INSULATION
  BLOWN INTO HOLES IN
  PLASTERBOARD

## WALLS: SIDE AND REAR







#### **BEFORE**

EXISTING EXTERNAL
WALLS 9 INCH SOLID
BRICKWORK WITH
FAILING BRICKS

### THEN

- EXTERNAL INSULATION
  TO SIDE AND REAR
- © COMPLETED JUNE 2004

### RESULT

BRICKS PERMANENTLY PROTECTED

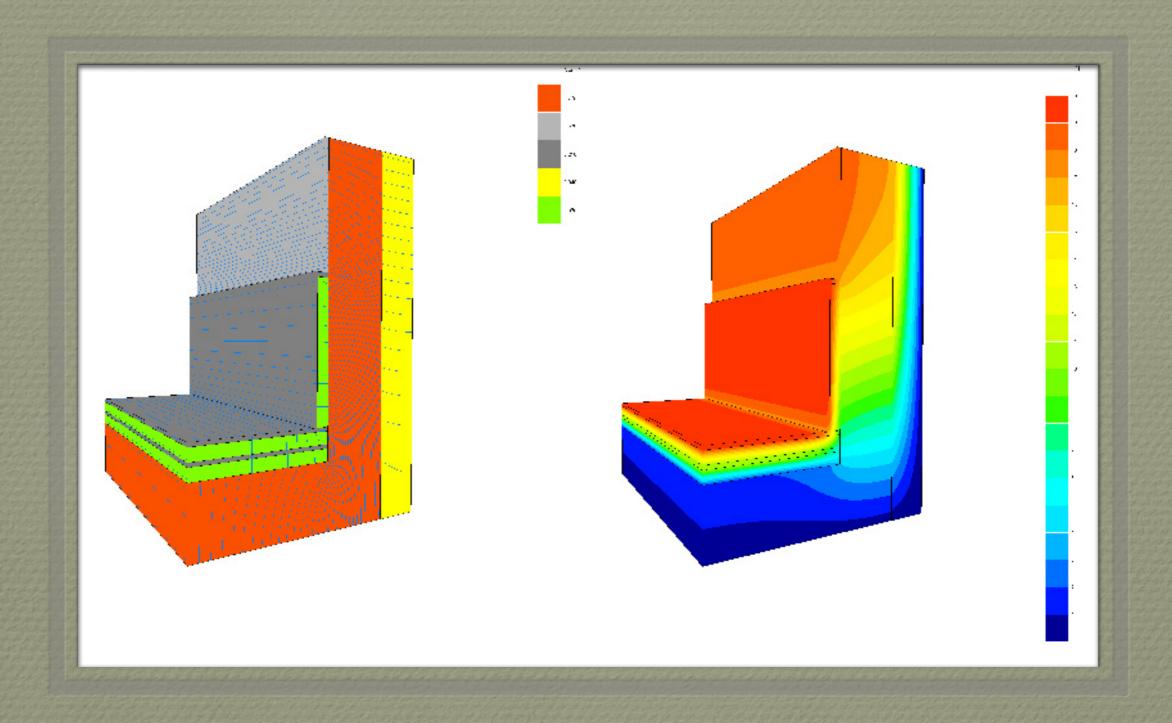
## FRONT WALL

BRICK APPEARANCE PRESERVED
TO STAY WITH THE GRAIN OF THE
STREET SCENE

- INSULATE ON INSIDE
- TWO LAYERS OF 50MM ZERO OZONE DEPLETING PHENOLIC FOAM BACKED PLASTERBOARD
- © COMPARABLE INSULATION
  LEVELS TO EXTERNAL CLADDING
- RIGID BOARDS CAN BE CUT TO SHAPE AND DETAILS FORMED
- RETURNS AT THE SIDES TO FORM OVERLAP WHICH REDUCES COLD BRIDGING AT CORNERS







BRE\* THERMAL MODEL OF INSULATION RETURN SHOWS EFFECTIVENESS OF DETAIL IN REDUCING HEAT LOSS

\* BUILDING RESEARCH ESTABLISHMENT

# GROUND FLOOR: SOLID

- REAR SECTION OF HOUSE
  HAD SOLID UNINSULATED
  AND UN DAMP-PROOFED
  TILED FLOOR AND
  CHANGE IN LEVEL
- EXCAVATED DOWN AND LAID DAMP PROOF MEMBRANE
- 150MM POLYSTYRENE
  WITH 50MM EDGE
  UPSTANDS
- **№ 100**MM CONCRETE SLAB





## FINISH

CORNISH SLATE LAID
RANDOM



### GROUND FLOOR: SUSPENDED OVER CELLAR

- 100MM SHEEPSWOOL BETWEEN THE JOISTS SELF SUPPORTING DURING INSTALLATION
- AIR TIGHTNESS BREATHER MEMBRANE
- © 60MM WOOD FIBRE BOARD FIXED TO UNDERSIDE MAKING FULLY BREATHABLE NATURAL CONSTRUCTION WF BOARD DOWNSTANDS WILL BE ADDED TO FLOOR/WALL JUNCTIONS







# DOORS & WINDOWS:

- INHERITED 'STYLISH'
  UPVC THROUGHOUT
- © DILEMMA WHAT TO DO TEMPTED TO REPLACE ALL
  BUT WHAT ABOUT
  DISPOSAL?
- MANY UPVC UNITS
  STARTED TO FAIL POOR
  QUALITY AND DIFFICULT
  TO REPAIR



## PARTIAL REPLACEMENT WITH HIGH PERFORMANCE TIMBER JOINERY

REAR NORTH FACING TRIPLE GLAZED TWO BATHROOM WINDOWS IN OAK FRENCH DOORS IN SOFTWOOD





ARGON FILLED LOW E DOUBLE



# HEAT RECOVERY

- HIGH AIR TIGHTNESS REDUCES
  HEAT LOSS
- VICTORIAN HOUSES RELIED ON POOR AIR TIGHTNESS FOR ADEQUATE VENTILATION
- © CONTROLLED VENTILATION
  VERY IMPORTANT
- BOTH BATHROOMS AND BOTH
  KITCHENS HAVE HEAT
  RECOVERY FANS WHICH SAVE
  UPTO 80% OF AIRBORNE HEAT





### LED LIGHTING









- ULTRA EFFICIENT 20% POWER OF EQUIVALENT HALOGEN
- BULBS CAN BE DIRECTED BETTER
- RGB VERSION CHANGES COLOUR EACH SPOT:

- USES 3 W
- LASTS UPTO 100,000 HOURS
- (THAT'S 11 YEARS CONTINUOUS)
- BRIGHT ENOUGH FOR TASK LIGHTING NOT JUST AMBIENT







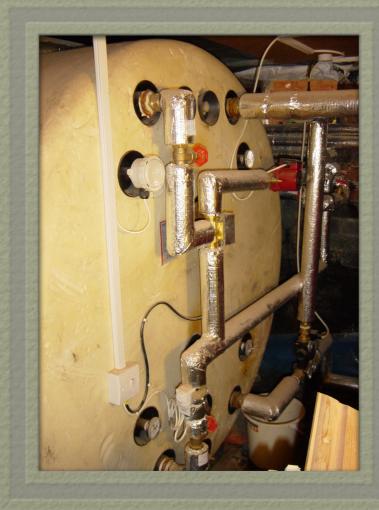
## RENEWABLES



4 SQUARE METRE FLAT PLATE SOLAR PANEL CONTRIBUTES 50% TO ANNUAL HOT WATER

## Wood







- WOOD-FIRED BOILER FOR CENTRAL HEATING AND HOT WATER TOP-UP
- MORE EFFICIENT AND CONTROLLABLE THAN WITH BACK BOILER
- **1100** LITRE **ACCUMULATOR STORES** AND DISTRIBUTES HOT WATER TO THE RADIATORS AND DOMESTIC USE
- WHICH WAS MET BY **GRANTS**

- NEED TO SOURCE, COLLECT AND STORE WOOD
- THEN WE NEED TO CUT, LOAD, LIGHT AND KEEP CHECKING THE WOOD
- WOOD BURNING STOVE 💩 COST £5000 £3400 OF 💩 RENEWABLE ENERGY AND LOW ENERGY CONSTRUCTION SAVES £2,000 A YEAR

## PROJECTED REDUCTIONS (BASED ON SAP THERMAL MODEL):

- SPACE HEATING DEMAND DOWN TO 30-40% OF ORIGINAL
- © COMBINED SPACE HEATING AND HOT WATER CO2

  EMISSIONS DOWN TO ~3% (16T DOWN TO 0.5T)
- EXTERNAL ENERGY DEMAND FROM UTILITIES AND CO2
  EMISSIONS REDUCTION DOWN TO 15-20% OF ORIGINAL
  (19T DOWN TO <3T) (ASSUMING ELECTRICITY IS SUPPLIED
  ON BROWN TARIFF)
- REMAINDER SUPPLIED BY OFF-SITE RENEWABLE ELECTRICITY (GREEN TARIFF). THIS REDUCES THEORETICAL CO2 EMISSIONS AT THE POWER STATION DOWN TO 7-8% OF BROWN TARIFF RATE.

## ADAPTING HOMES AND GARDENS TO MANAGE WATER

- LOW WATER USE GOODS:
  TOILETS, WHITE
  GOODS, SHOWER HEADS
- WHOLE SITE APPROACH TO MANAGEMENT
- BEHAVIOUR CHANGE



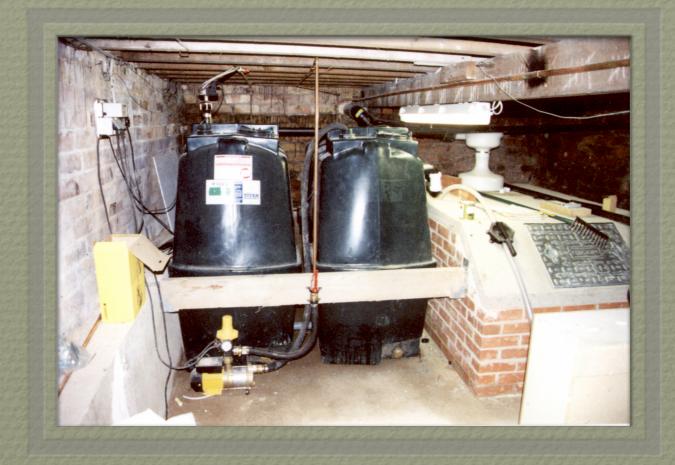




### RAINWATER HARVESTING

COLLECTED OFF ROOF AND STORED IN CELLAR TANKS





OUR OVERALL WATER USE 55 L / PERSON / DAY (1/3 OF AVERAGE)









POROUS PAVING, WATER STORAGE AND ATTENUATION

### FOOD/BIODIVERSITY: PERMACULTURE

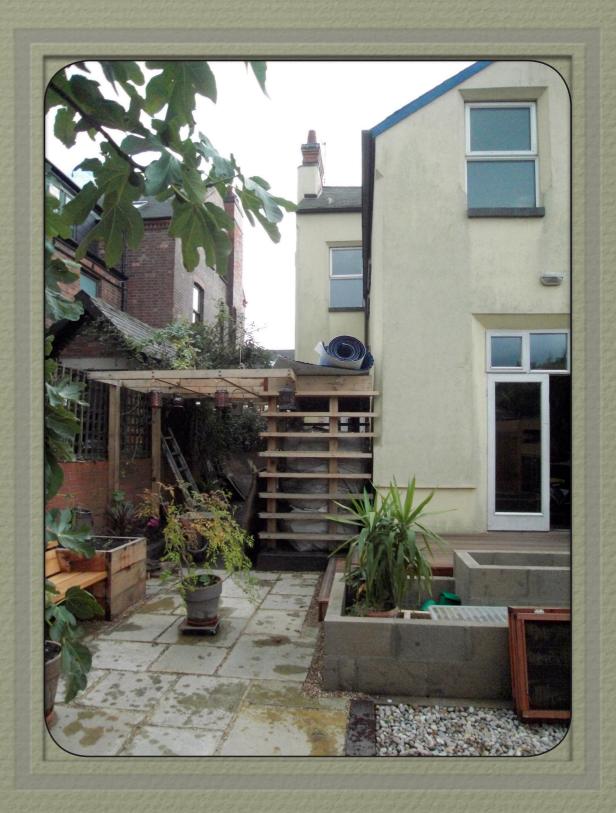




SMALL URBAN PERMACULTURE GARDEN: RAISED BEDS

### MAXIMISING VERTICAL METRE





GREEN OAK STRUCTURES: STORAGE/GREEN ROOFS









GREEN ROOFS, MATERIALS AND LAYERING







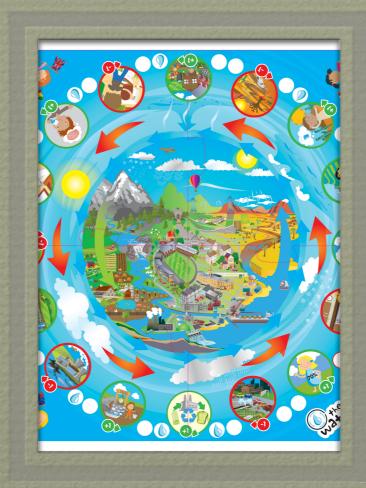




A CRAFTED SOCIAL SPACE FOR GROWING AND BIODIVERSITY

### FOOD WATER ENERGY







- BY 2050 WE NEED TO BE GROWING 70%
  MORE THAN WE DO NOW
- IMMERSE THE BUILT ENVIRONMENT IN EDIBLE URBAN LANDSCAPE
- PROTECTING OUR FRESH
  WATER SUPPLIES
  MATTER OF GLOBAL
  URGENCY
- DEATH OF OUR OCEANS
  MEANS DEATH OF THE
  PLANET
- URGENT NEED TO
  PRODUCE LOW CARBON
  ENERGY LOCALLY,
  DEMOCRATICALLY
- © DECC PREDICT POWER CUTS BY 2015

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